

# **Player Development Programs 2013**

# PHILOSOPHY

The Revolution Academy is one of the most innovative youth training programs in Major League Soccer, recognized by US Soccer as one of the top 10 youth development programs in the country. The Revolution Academy trains players of all abilities in all aspect of the game, including ball mastery, speed of play, coordination and balance and movement with and

The objective of all the training programs is to replicate the speed, tempo and environment of the Revolution Youth Teams' training sessions. Through the age-appropriate player development sessions, we foster an atmosphere that is competitive, challenging, demanding and fun. Encouragement and support from our professional coaching allows every player to gain a better understanding of - and continued passion for - the game.

# INSTRUCTIONAL PROGRAMS

### PLAYER DEVELOPMENT PROGRAM

For developmental, travel and select players (boys and girls, ages 7-14)

During the week-long programs, Revolution Academy coaches conduct specialized training sessions to teach players fundamentals of the game, with an emphasis on a repetitive learning process. Individual skill development is the main focus of the program, while also using small-sided games and attendance at a Revolution first-team training session to further impart the lessons.

### **GOALKEEPING ACADEMY**

For goalkeepers (boys and girls, ages 8-14)

Goalkeepers train with the Revolution Academy's professional goalkeeper coaches, focusing on the four major components of goalkeeping: technical, tactical, psychological and physical training. Goalkeeper Academy training sessions are challenging and fast-paced to replicate in-game situations.

### HIGH SCHOOL ACADEMY AND GOALKEEPERS ACADEMY

For high school players (boys and girls, ages 14-18)

The High School Sumer Academy provides a high-level, competitive training atmosphere for high-school aged players. The sessions cover a wide range of topics, such as speed of play, individual and group defending, attacking in the final third and decision making with and without the ball. All players will also be taken through a series of testing stations and be provided with an in-season strength and conditioning program to help better prepare players on and off the field during their high school season.

# ELITE PROGRAMS

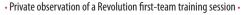
### RDS ACADEMY & RDS GOALKEEPERS ACADEMY

For premier and elite players (boys and girls, ages 8-14, goalkeepers ages 8-14)

The Regional Development School (RDS) is an advanced program, with a curriculum specially-designed to help players master core skills required to play the game at the highest level. The RDS will improve players' first touch, teach a wide variety of soccer moves and encourage confidence and creativity on the ball.

# AMENITIES

• 12 hours of professional coaching • Official Revolution Academy soccer ball • Official Revolution Academy t-shirt • Spaulding Rehab cinch sack pack • Two (2) tickets to Revolution Academy Night at Gillette Stadium • On-field halftime participation in Academy graduation ceremony at Gillette Stadium during Revolution Academy Night





For more information call (508) 384-9242 or e-mail revolutionacademy@revolutionsoccer.net



2013	SCHEDULI
PLAYE	R DEVELOPMENT PROGRAMS
<b>DECEMBER 201</b>	
FEBRUARY Foxboro MA	February 18 – 21 9am – 12pm
APRIL Foxboro MA	
	April 15 – 18 9am – 12pm April 15 – 18 9am – 12pm
	June 17 – 20 4:30pm – 7:30 June 17 – 20 9am – 12pm
Burlington, VT	& 5pm – 8pm June 24 – 279am – 12pm
JULY	June 24 – 27 9am – 12pm
W. Bridgewater M.	July 8 – 119am – 12pm A9uly 8 – 119am – 12pm 5pm – 8pm
Cranston Rl	
Nashua NH	July 22-2359m - 8pm July 22 - 255pm - 8pm July 22 - 255pm - 8pm

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AUGUST		
Westford MA	Aug 5 – 8	9am – 12pm
Andover MA	Aug 5 – 8	5pm – 8pm
Springfield MA	Aug 5 – 8	9am – 12pm
Norton MA	Aug 5 – 8	5pm – 8pm
Belchertown MA	Aug 5 – 8	5pm – 8pm
N. Smithfield RI	Aug 12 – 15	9am – 12pm
N. Kingstown Rl	Aug 12 – 15	5pm – 8pm
Hopkinton MA	Aug 12 – 15	5pm – 8pm
Foxboro MA	Aug 19 – 22	5pm – 8pm
Ipswich MA	Aug 19 – 22	4:30 – 7:30

Swansea/Somerset MA .....July 29 – Aug 1 ...... 5pm – 8pm

July 29 – Aug 1 ...... 9am – 12pm

Boston	December 26 - 28 9am - 1pm
FEBRUARY	

.Feb 18 – 21..

# Foxboro MA.

Foxboro MA	April 16 –	19	9am –	12pm
Sudbury MA	April 15 –	18	9am –	12pm
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# JUNE

APRIL

Freeport ME	June 17 – 20 5pm – 8pm	
Burlington VT	June 24 – 27 9am – 12pm	١
Lynnfield MA	June 24 – 27 9am – 12pm	١

### JULY

Sudbury MA	July 8 – 11	9am – 12pr
Cranston Rl	July 15 – 18	5pm – 8pm
Nashua NH	July 22 – 25	5pm – 8pm

### **AUGUST**

Andover	Aug 5 – 8	5pm – 8pm
Springfield MA	Aug 5 – 8	9am – 12pm
Norton MA	Aug 5 – 8	5pm – 8pm
N. Kingstown Rl	Aug 12 – 15	5pm – 8pm
Foxboro MA	Aug 19 – 22	9am – 12pm
Ipswich MA	August 19 – 22	4:30 - 7:30

Springfield MA	June 24 – 27	9am – 12pm
Marlboro MA	July 8 – 11	5pm – 8pm
Foxboro MA	August 12 – 15	9am – 12pm

