



REVOLUTION ACADEMY

PRESENTED BY



Player Development Programs 2013

PHILOSOPHY

The Revolution Academy is one of the most innovative youth training programs in Major League Soccer, recognized by US Soccer as one of the top 10 youth development programs in the country. The Revolution Academy trains players of all abilities in all aspect of the game, including ball mastery, speed of play, coordination and balance and movement with and without the ball.

The objective of all the training programs is to replicate the speed, tempo and environment of the Revolution Youth Teams' training sessions. Through the age-appropriate player development sessions, we foster an atmosphere that is competitive, challenging, demanding and fun. Encouragement and support from our professional coaching allows every player to gain a better understanding of – and continued passion for – the game.

INSTRUCTIONAL PROGRAMS

PLAYER DEVELOPMENT PROGRAM

For developmental, travel and select players (boys and girls, ages 7-14)

During the week-long programs, Revolution Academy coaches conduct specialized training sessions to teach players fundamentals of the game, with an emphasis on a repetitive learning process. Individual skill development is the main focus of the program, while also using small-sided games and attendance at a Revolution first-team training session to further impart the lessons.

GOALKEEPING ACADEMY

For goalkeepers (boys and girls, ages 8-14)

Goalkeepers train with the Revolution Academy's professional goalkeeper coaches, focusing on the four major components of goalkeeping: technical, tactical, psychological and physical training. Goalkeeper Academy training sessions are challenging and fast-paced to replicate in-game situations.

HIGH SCHOOL ACADEMY AND GOALKEEPERS ACADEMY

For high school players (boys and girls, ages 14-18)

The High School Summer Academy provides a high-level, competitive training atmosphere for high-school aged players. The sessions cover a wide range of topics, such as speed of play, individual and group defending, attacking in the final third and decision making with and without the ball. All players will also be taken through a series of testing stations and be provided with an in-season strength and conditioning program to help better prepare players on and off the field during their high school season.

ELITE PROGRAMS

RDS ACADEMY & RDS GOALKEEPERS ACADEMY

For premier and elite players (boys and girls, ages 8-14, goalkeepers ages 8-14)

The Regional Development School (RDS) is an advanced program, with a curriculum specially-designed to help players master core skills required to play the game at the highest level. The RDS will improve players' first touch, teach a wide variety of soccer moves and encourage confidence and creativity on the ball.

AMENITIES

- 12 hours of professional coaching • Official Revolution Academy soccer ball • Official Revolution Academy t-shirt • Spaulding Rehab cinch sack pack • Two (2) tickets to Revolution Academy Night at Gillette Stadium • On-field halftime participation in Academy graduation ceremony at Gillette Stadium during Revolution Academy Night • Private observation of a Revolution first-team training session •



PRESENTED BY
UnitedHealthcare

For more information call
(508) 384-9242 or e-mail
revolutionacademy@revolutionsoccer.net

REVOLUTION
SOCCER.NET

2013 SCHEDULE

PLAYER DEVELOPMENT PROGRAMS

DECEMBER 2012

Boston.....December 26 - 28... 9am - 1pm

FEBRUARY

Foxboro MAFebruary 18 - 21 9am - 12pm

APRIL

Foxboro MAApril 16 - 19 9am - 12pm

Sudbury MAApril 15 - 18 9am - 12pm

Springfield MAApril 15 - 18 9am - 12pm

JUNE

Hampden ME.....June 17 - 20 4:30pm - 7:30pm

Freeport ME.....June 17 - 20 9am - 12pm
& 5pm - 8pm

Burlington, VTJune 24 - 27 9am - 12pm

Lynnfield, MAJune 24 - 27 9am - 12pm

JULY

Sudbury MAJuly 8 - 11 9am - 12pm

W. Bridgewater MA.....July 8 - 11 9am - 12pm

Westwood MAJuly 8 - 11 5pm - 8pm

Norwell MAJuly 15 - 18 9am - 12pm

Cranston RIJuly 15 - 18 5pm - 8pm

Marlboro MAJuly 22-25 9am - 12pm

Nashua NHJuly 22 - 25 5pm - 8pm

Acushnet MAJuly 22 - 25 5pm - 8pm

Foxboro MAJuly 29 - Aug 1 9am - 12pm

Swansea/Somerset MAJuly 29 - Aug 1 5pm - 8pm

AUGUST

Westford MAAug 5 - 8 9am - 12pm

Andover MAAug 5 - 8 5pm - 8pm

Springfield MAAug 5 - 8 9am - 12pm

Norton MAAug 5 - 8 5pm - 8pm

Belchertown MAAug 5 - 8 5pm - 8pm

N. Smithfield RIAug 12 - 15 9am - 12pm

N. Kingstown RIAug 12 - 15 5pm - 8pm

Hopkinton MAAug 12 - 15 5pm - 8pm

Foxboro MAAug 19 - 22 5pm - 8pm

Ipswich MAAug 19 - 22 4:30 - 7:30

GOALKEEPING ACADEMY

DECEMBER 2012

Boston.....December 26 - 28... 9am - 1pm

FEBRUARY

Foxboro MAFeb 18 - 21 9am - 12pm

APRIL

Foxboro MAApril 16 - 19 9am - 12pm

Sudbury MAApril 15 - 18 9am - 12pm

Springfield MAApril 15 - 18 9am - 12pm

JUNE

Freeport ME.....June 17 - 20 5pm - 8pm

Burlington VTJune 24 - 27 9am - 12pm

Lynnfield MA.....June 24 - 27 9am - 12pm

JULY

Sudbury MAJuly 8 - 11 9am - 12pm

Cranston RIJuly 15 - 18 5pm - 8pm

Nashua NHJuly 22 - 25 5pm - 8pm

AUGUST

AndoverAug 5 - 8 5pm - 8pm

Springfield MAAug 5 - 8 9am - 12pm

Norton MAAug 5 - 8 5pm - 8pm

N. Kingstown RIAug 12 - 15 5pm - 8pm

Foxboro MAAug 19 - 22 9am - 12pm

Ipswich MAAugust 19 - 22 4:30 - 7:30

RDS ACADEMY & RDS GOALKEEPERS ACADEMY

Springfield MAJune 24 - 27 9am - 12pm

Marlboro MAJuly 8 - 11 5pm - 8pm

Foxboro MAAugust 12 - 15 9am - 12pm

HIGH SCHOOL & HIGH SCHOOL GOALKEEPERS ACADEMY

Foxboro MAAug 5 - 8 5pm - 8pm



SPAULDING
REHABILITATION NETWORK